**FORT BEND ISD OFF CAMPUS PHYSICAL EDUCATION**

**ATTENDANCE VERIFICATION FORM**

**2024-2025**

**Student First and Last Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Sport: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**School Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Grade \_\_\_\_\_\_\_ Semester: \_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Establishment Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Coach Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**PLEASE NOTE:**

* **For Category 1, student should practice a total of 15 hours with at least 10 practice hours during the school week**
* **For Category 2, all 5 hours should be during the school week**
* **Notify the school counselor immediately if the student drops out of the sport**
* **Forms are due NO LATER THAN 3 DAYS before the end of the grading period**
* **High School students turn in to registrar. Middle School students turn in to counselor.**
* **Students must participate in school PE if not participating in Off Campus practice**

**WORKOUT SCHEDULE**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Grading Period 2** | **Hours of Training** | | **Description of Activity** | **Coach’s Initials** |
| **Week 1 (10/7 – 10/13)** | | | | |
| **Monday** |  |  | |  |
| **Tuesday** |  |  | |  |
| **Wednesday** |  |  | |  |
| **Thursday** |  | **No School** | |  |
| **Friday** |  | **No School** | |  |
| **Saturday** |  |  | |  |
| **Sunday** |  |  | |  |
| **Week 2 (10/14 – 10/20)** | | | | |
| **Monday** |  | **No School** | |  |
| **Tuesday** |  | **No School** | |  |
| **Wednesday** |  |  | |  |
| **Thursday** |  |  | |  |
| **Friday** |  |  | |  |
| **Saturday** |  |  | |  |
| **Sunday** |  |  | |  |
| **Week 3 (10/21– 10/27)** | | | | |
| **Monday** |  |  | |  |
| **Tuesday** |  |  | |  |
| **Wednesday** |  |  | |  |
| **Thursday** |  |  | |  |
| **Friday** |  |  | |  |
| **Saturday** |  |  | |  |
| **Sunday** |  |  | |  |
| **Week 4 (10/28 – 11/3)** | | | | |
| **Monday** |  |  | |  |
| **Tuesday** |  |  | |  |
| **Wednesday** |  |  | |  |
| **Thursday** |  |  | |  |
| **Friday** |  | **No School** | |  |
| **Saturday** |  |  | |  |
| **Sunday** |  |  | |  |
| **Week 5 (11/4– 11/10)** | | | | |
| **Monday** |  |  | |  |
| **Tuesday** |  |  | |  |
| **Wednesday** |  |  | |  |
| **Thursday** |  |  | |  |
| **Friday** |  |  | |  |
| **Saturday** |  |  | |  |
| **Sunday** |  |  | |  |
| **Week 6 (11/11– 11/17)** | | | | |
| **Monday** |  | **No School** | |  |
| **Tuesday** |  |  | |  |
| **Wednesday** |  |  | |  |
| **Thursday** |  |  | |  |
| **Friday** |  |  | |  |
| **Saturday** |  |  | |  |
| **Sunday** |  |  | |  |
| **Week 7 (11/18– 11/24)** | | | | |
| **Monday** |  |  | |  |
| **Tuesday** |  |  | |  |
| **Wednesday** |  |  | |  |
| **Thursday** |  |  | |  |
| **Friday** |  |  | |  |
| **Saturday** |  |  | |  |
| **Sunday** |  |  | |  |
| **Week 8 (11/25 – 12/1)** | | | | |
| **Monday** |  | **No School** | |  |
| **Tuesday** |  | **No School** | |  |
| **Wednesday** |  | **No School** | |  |
| **Thursday** |  | **No School** | |  |
| **Friday** |  | **No School** | |  |
| **Saturday** |  |  | |  |
| **Sunday** |  |  | |  |
|  |  | **Week 9 (12/2-12/8)** | |  |
| **Monday** |  |  | |  |
| **Tuesday** |  |  | |  |
| **Wednesday** |  |  | |  |
| **Thursday** |  |  | |  |
| **Friday** |  |  | |  |
| **Saturday** |  |  | |  |
| **Sunday** |  |  | |  |
| **Week 1 (12/9 – 12/15)** | | | | |
| **Monday** |  |  | |  |
| **Tuesday** |  |  | |  |
| **Wednesday** |  |  | |  |
| **Thursday** |  |  | |  |
| **Friday** |  |  | |  |
| **Saturday** |  |  | |  |
| **Sunday** |  |  | |  |
|  |  | **Forms Due to Your Campus by December 13th** | |  |

**Total Number of Hours: \_\_\_\_\_\_\_\_\_\_ Grade: \_\_ \_\_\_\_\_**

**Coach’s Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_**